Disability Service Student ADHD Peer Group Facilitator

Expected duration of employment

<table>
<thead>
<tr>
<th>Start Date (DD/MM/YYYY)</th>
<th>17/10/2022</th>
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<tbody>
<tr>
<td>End Date (DD/MM/YYYY)</td>
<td>14/04/2023</td>
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Expected working pattern

<table>
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<tr>
<th>Estimated hours per week</th>
<th>3 hours</th>
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<tr>
<td>Estimated number of weeks</td>
<td>20 weeks</td>
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Rate of pay

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<tr>
<th>Hourly rate of pay</th>
<th>€12</th>
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Job description

The Disability Service is launching an ADHD peer support group for students. This group will take place on a weekly basis for the duration of the academic year and will be open to all students who feel they may benefit from attending, including those engaging with the Disability Service with an existing diagnosis of ADHD, as well as those not connected to the Disability Service who may be seeking diagnosis or who suspect they may have ADHD.
The group facilitator role consists of responsibility for leading peer group meetings. The group facilitator will provide a structure to group meetings, assist with the management of group discussion and encourage the participation of all group members.

The group facilitator will receive training as well as ongoing supervision and support through the Disability Service.

**Duties**

- Arrive in advance of group meetings to assist with setting up the meeting space.
- Welcome attendees and provide instruction/information to assist preparation for the meeting.
- Take responsibility for establishing and implementing group rules and guidelines in agreement with all group members.
- Lead on the opening and closing of the meeting within specified meeting times.
- Support and sustain group discussion through prompt questions, topic suggestions and welcoming input from group members.
- Ensure all group members have equal opportunity for participation in discussion.
- Support group members to maintain connections outside of group meetings if they wish to do so, such as assisting with setting up shared messaging or social media groups.
- Engage in regular training, supervision and de-briefing sessions with the group coordinator as required.
- Undertake additional duties arising in discussion and agreement with group coordinator.

**Person Specification**

- Identify as a student with ADHD.
- Excellent interpersonal and communication skills are essential.
- Sensitivity, confidentiality and respect for the privacy of group members at all times are required.
- Good organisation skills and the ability to implement structured group sessions.
• A knowledge of relevant supports and services available to students at Trinity and an ability to signpost to these.

• The ability to promote a safe, welcoming and inclusive environment that is respectful of others sharing experiences.

What will I gain from this role?

Leadership skills

Group facilitation skills

Knowledge of Disability Service resources and other student supports

Disability sector work experience