

# Sexual Health Clinic

## Patient Information



### What is the Sexual Health Clinic

This clinic is run in the College Health Centre is part of the Sexual Health Department of St. James's Hospital.

### Who is the Clinic for?

Heterosexual, gay, lesbian and trans-gender people can avail of this clinic.

### I'm concerned about privacy

Separate confidential notes are kept for this visit, and do not appear on your computerized student health records. When you attend the clinic you will be given a number. All samples that leave this clinic have this number, your initials and your date of birth as identification. We do keep computerized records, but you cannot be identified from them.

### When is the Clinic?

Wednesdays at 9.30 – 11.30 and 1.30 – 3.30.

### How do I make an appointment?

Appointments can be made with reception in the Health Centre. You must pay €20 when booking your appointment. €15 is a courier charge for transporting samples. €5 will be refunded when you attend your appointment. Failure to give at least 48hrs cancellation notice will result in the loss of the deposit.

### Do I always need an appointment?

No. We'll try to fit anyone in. If you have symptoms and are very worried come to the Clinic at 9am or ring reception to discuss your symptoms with the nurse.

### What happens at the appointment?

You will be seen first by a doctor who will talk to you about any symptoms you may have. You will be asked about present and previous partners, as it is important to be able to identify anybody else who may be at risk. You will then have an examination, during which samples of mucous will be taken. Finally, blood samples are taken to be tested for the presence of Hepatitis B, HIV and Syphilis.

### What happens after the appointment?

At your first appointment, you will be given an appointment to be seen in two weeks for the result of your tests.

#### INFO FOR MEN

Typically no swab is needed. Only blood and urine. Don't pass urine for 2 hours before visit

#### INFO FOR WOMEN

A sample of mucous will be taken from the neck of the womb

#### For more information

Phone the Health Centre before your appointment and speak to either to Carmel or Clare, the nurses who assist at the clinic.