Christmas Kindness Advent Calendar

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| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  |  |  |  |  | **1**  Give a compliment to a friend or colleague |
| 2  Tape change to a vending machine | **3**  Make a card for someone dear | **4**  Pick up rubbish in your neighbourhood | **5**  Bring coffee or hot chocolate to a homeless or security staff | **6**  Hand out sweets at work | **7**  Tell a silly joke to make someone laugh | **8**  Give someone a hug |
| 9  Donate a book to day care or the hospital | **10**  Give up your seat for someone on your commute to work | **11**  Carry someone’s shopping bag | **12**  Leave a happy note for someone to find | **13**  Donate food to your local Soup kitchen | **14**  Call a friend or relative from far away and say “hello” | **15**  Do a chore for someone in your family or house share |
| 16  Give a thank you card to your librarian or favourite shop assistant | **17**  Invite an undergrad/post-grad student for coffee | **18**  Smile at someone you see today | **19**  Donate toys/ clothes to your second hand shop or salvation army | **20**  Lift someone’s mood by telling them what you like about them | **21**  Brush your neighbour’s driveway | **22**  Let someone go in front of you in the queue |
| 23  Tell (your) a child a story from your own childhood | **24**  Listen to an old family member’s story | **25**  Merry Christmas |  |  |  |  |