



# Achieving Our Potential

Join hundreds of alumni at home and abroad supporting the College community.

**T**

rinity's mission is to "provide a liberal environment where independence of thought is highly valued and where all are encouraged to achieve their full potential" and it extends beyond the walls of the University and beyond your years as a student. More and more alumni from all corners of the globe are supporting this mission by sharing their expertise, making connections and acting as ambassadors. Last year over 1,000 alumni volunteered their time as guest speakers, mentors, ambassadors, advisers and more. Some of those activities and experiences are shared here.

Every year, our internationally-based alumni connect with both potential students considering Trinity and current Trinity students visiting their city. They speak at Open Days, attend Higher Education Fairs, give online interviews and meet up with students locally to share their own experiences of what it means to be part of the global Trinity community.

Alumni mentors support students from all disciplines across Trinity, providing advice on what employers are looking for and helping with network building, CV reviews, communication skills and more. All alumni are welcome to sign-up and become mentors on our new online mentoring and networking platform at [www.trinity.aluminate.net](http://www.trinity.aluminate.net) as well as attend one of the many industry-specific mentoring events that take place in Trinity throughout the year.

**“For me, mentoring students at Trinity is not just a way of paying it forward, it’s also an opportunity to learn and is a terrifically rewarding experience.”**



**Deirdre McCarthy**  
B.A. (1996)

TRINITY INTERNATIONAL AMBASSADOR – BOSTON

“I’ve been living in Boston for the last four years, working in biotech. I joined the Boston Alumni Chapter which led me to contributing on the alumni panel at the Trinity Open Days here in Boston for the last three years. I have thoroughly enjoyed connecting with fellow alumni during these Open Days as well as meeting prospective students and their families. For me, it’s a ‘win-win’ – my participation gives me a meaningful link to Trinity, allows me to keep up with what’s happening back home and I’m looking forward to becoming more involved with the Welcome Programme here locally in the greater Boston area.”



**Laura Kidd**  
B.A. (2009)

ALUMNI MENTOR

“Personally, I have seen the benefit in having a guiding hand accelerate my international career through mentorship. The value an experienced professional can bring to shaping the direction one takes as you move vertically and laterally in your career path is unquestionable. Mentors bring perspective, reflection and insight to decisions taken. For me, mentoring students at Trinity is not just a way of paying it forward, it’s also an opportunity to learn and is a terrifically rewarding experience. It has connected me to the needs of the generation that is coming into the workforce, has grounded me in their career aspirations and has also been insightful to their expectations of management which, in turn, has shaped my attitudes.”



**Brian Cronin**  
Economic & Social Studies  
(2016)

TRINITY INTERNATIONAL AMBASSADOR – CHICAGO

“I chose to volunteer to help American students who are considering Trinity but have reservations about the foreign and international aspect. The ability to give back through sharing my experiences at Trinity with students who want to expand their horizons, while building the alumni community here in the Midwest, are important values to me.

Looking back on my college selection process, the opportunity to talk with someone who had gone through the Trinity experience and someone who had come from a similar background was immensely reassuring. Choosing to do an undergraduate degree across the Atlantic, let alone in a foreign country, can be a daunting prospect. But, having a dialogue with dedicated alumni about how American students quickly acclimatised to a different culture and environment assuaged what concerns I had. Today, I consider it an honour and a privilege to pay it forward to incoming Trinity students by sharing with them my Trinity experience and that of other local alumni.”



**Gerard Reilly M.A. (1988)**

ALUMNI MENTOR

“I graduated from Trinity in 1988 and have been fortunate to develop my career and professional qualifications in different directions over the years. This has been both a challenging and rewarding experience. As time passed,

I became more aware of the importance of assisting people earlier in their careers and perhaps guiding them in the right direction. The world of work today is much more diverse than 30 years ago with many more opportunities available. I feel that it’s very important to encourage recent graduates to seek jobs in areas that interest them. I am glad to play a small part as part of the mentoring programme and would encourage other graduates to get involved in a most interesting and worthwhile initiative.”

@ To find out more about how you can help Trinity, visit [www.tcd.ie/alumni](http://www.tcd.ie/alumni)