Trinity Sport Role Models

Post Title:
Sport Role Model

Department/Faculty:
Trinity Sport in Conjunction with the Students Union, Trinity College Dublin

Reports to:
Sport and Recreation Intern

Salary:
Volunteer Role

Hours of Work
Weekdays; flexible hours

Duration
1 Academic Year

Closing Date
9TH October at Noon.

Role Description

Are you an individual who students can look up to and aspire to be? Trinity College Sport are looking for individuals to become Role Models who will be personalities for the students to look up too during their time at Trinity College and to engage in the sport and physical activity programmes at Trinity.

The selected candidates will represent the college in a positive light inspiring the future generations to achieve excellence in sport as well as their academics. The role models should encourage students on the path of life helping students make tough decisions and encourage them to stay on course to attain end goals.

Within this role, encouragement is key, and the Role Model should inspire students to grow in sport and academics. This role is to recognise what students need to do to perform well and encourage growth in areas that need work.

The selected candidates will be required to be a support for other students regarding any issues they have on campus or if they need to discuss any welfare issues. The
candidates will also give the best answers to questions being asked by students and direct them on the right path.

How to Apply

Students who are interested in this role should produce a video maximum time of 90 seconds of themselves (be as creative as you want) and answer the following questions:

1. Introduce yourself, what sport or activity you participate in and what you study.
2. Why do you think you would be a good Role Model for Trinity Sport?
3. What key skills could you bring to this role?
4. What struggles do students potentially face at college? and how would you help in them overcoming the struggles?
5. What would you put in place to reduce the number of students who are struggling?

All videos should be emailed to Charlotte Wingfield- wingfic@tcd.ie (Sport and Recreation Intern) by Noon on the 9th October -

Key Responsibilities

- Assist Trinity Sport with the development and promotion of participation in sport and physical activity.
- Be available by online communication and potential 1-1 meet up requests to discuss any issues students have and provide them with potential options for help and development
- Build relationships with students to encourage them to discuss any issues they have regarding sport and their academics
- Provide peer to peer support for those students looking to get more involved physically
- Drive the strategy for supporting and ensuring students safety and their welfare
- Liaise with the Welfare Officer and Sport and Recreation intern on any concerns and issues regarding the students
- To assist Trinity Sport in the development of promoting existing sport and recreation activity on campus.
- Participate in fortnightly meetings; reviewing any issues and areas of development
- To assist in events; Orientation Week/Sports Week and potentially more
Learning Outcomes

- Insight into working with other students in the development of their chosen pathway
- Insight into the process behind student’s mental health/struggles they face at college
- Interpersonal and networking skills from working with a mix of students/sport teams from all levels
- Task management from being able to juggle multiple demands from own academic and sport and other requests
- Training and development opportunities

What the candidate will gain from this role

- Regular exposure on Trinity Sport social platforms
- Opportunities for public speaking events
- Gaining valuable leadership skills
- Develop their knowledge on Trinity Sport working alongside the Sport Faculty
- Potential opportunity for a personal profile on college website
- Increase in organisational skills
- Development and awareness of time management

Ideal Candidates

- Actively involved and interested in sport/physical activity/recreational activity
- Good at communicating with others
- Team player; approachable and willingness to network
- Understand the balance of work life and sport life
- Has a passion in the development of helping others to be successful
- Open to bring in new ideas and areas for development
- Ability to help build leadership skills of students
- Someone with high energy and enjoys working with others