**MONDAY**

9AM - 9.45AM
JOE WICKS LIVE PE LESSON
OPEN HERE

10AM-11AM EGG PAINTING
USE EGGS AND GET THE KIDS TO PAINT OR COLOUR THEM IN WITH MARKERS.

11AM-12PM DAVID WALLIAMS
BOOK READING
LISTEN HERE

12PM-1PM LUNCHTIME

1PM-2PM
COLOUR WITH LUNN
PRINT OUR BRAVEHEART COLOURING SHEETS TO COLOUR WITH LUNN. DON'T HAVE A PRINTER? NO PROBLEM! COLOUR THEM IN PAINT ON A COMPUTER/IPAD.

2PM-3PM OBSTACLE COURSE
USE ITEMS AROUND THE HOUSE FOR KIDS TO JUMP OVER, CRAWL UNDER, HOP, JUMP AND SKIP THROUGH.

3PM-4PM BAKING
BAKE SOMETHING EASY IN THE KITCHEN - SCONES, PANCAKES, BANANA BREAD.

**TUESDAY**

9AM-9.45AM
JOE WICKS LIVE PE LESSON
OPEN HERE

10AM-11AM SCAVENGER HUNT
HIDE EVERYDAY ITEMS AROUND THE HOUSE OR IN A ROOM AND GET THEM TO FIND THEM. (IT COULD BE 5 ITEMS OF FRUIT!)

11AM-12PM DAVID WALLIAMS
BOOK READING
LISTEN HERE

12PM-1PM LUNCHTIME

1PM-2PM BAKING
WHATEVER YOU DIDN'T BAKE YESTERDAY, BAKE TODAY!

2PM-3PM COLOUR WITH LUNN
ADD YOUR OWN COLOURING SHEET TO YOUR LUNN THE LION GALLERY! DRAW AN ACTIVITY WITH LUNN.

3PM-4PM 'SLACKLINE' WITH NOLLAIG
WHILE YOU CAN'T ROCK CLIMB AT HOME, OUR INSTRUCTOR NOLLAIG TAKES YOU THROUGH THE BASICS OF A NEW ACTIVITY: SLACKLINING!

**WEDNESDAY**

9AM-9.45AM
JOE WICKS LIVE PE LESSON
OPEN HERE

10AM-11AM COLOUR WITH LUNN
GET CRAFTY WITH LUNN! DOWNLOAD/PRINT ONE OF OUR COLOURING SHEETS AND USE AS MANY DIFFERENT MATERIALS AS YOU CAN TO COLOUR - PENS, PENCILS, CRAYONS, PAINT, GLITTER, STICKERS, COLOURED PAPER WITH GLUE, CREATE YOUR OWN MASTERPIECE!

11AM-12PM DAVID WALLIAMS
BOOK READING
LISTEN HERE

12PM-1PM LUNCHTIME

1PM-2PM PLAY HOT POTATO
GET INTO A CIRCLE AND THROW THE POTATO BETWEEN EACH OTHER. START WITH A SMALL CIRCLE AND EACH ROUND TAKE A STEP AWAY, TO MAKE THE CIRCLE BIGGER AND MORE DIFFICULT. WHY NOT ADD 2 POTATOES FOR MORE OF A CHALLENGE.

2PM-3PM HIDE & SEEK

3PM-4PM DANCE CLASS*
OUR DANCE TEACHER GOES THROUGH SOME FUN ROUTINES JUST LIKE ON CAMP!

**THURSDAY**

9AM-9.45AM
JOE WICKS LIVE PE LESSON
OPEN HERE

10AM-11AM WASH THE CAR
MAKE WASHING THE CAR A FUN FAMILY ACTIVITY WITH LOTS OF BUBBLES!

11AM-12PM DAVID WALLIAMS
BOOK READING
LISTEN HERE

12PM-1PM LUNCHTIME

1PM-2PM BUILD A FORT
USE THE SOFA CUSHIONS, BED SHEETS AND PILLOWS TO MAKE A COSY FORT, DECORATE WITH BATTERY POWERED LIGHTS.

2PM-3PM EGG & SPOON RACE
YOU CAN HARD BOIL THE EGGS OR HAVE SOME MESSY, YOLKY FUN IN THE GARDEN DOING EGG AND SPOON RACES.

3PM-4PM KIDS YOGA*
FINISH OFF A HECTIC WEEK WITH A NICE RELAXING YOGA SESSION WITH OUR TRINITY SPORT YOGA INSTRUCTOR.

*ALL INSTRUCTOR VIDEOS CAN BE FOUND ON OUR YOUTUBE: Trinity College Dublin Sport, under the Children's Section!