



MEMBER INFORMATION



Futsal Rules (Summary)

1. Players must use Futsal Ball **ONLY**. Provided by Sports Centre.
2. Play ball within boundaries of sidelines and end lines. Goalkeeper may only handle ball inside goal semi circle.
3. Keep ball at ground level as far as possible. Futsal balls are specially weighted. No high Ball, Head height rule applies at ALL times.
4. 4 v 4 recommended team size. No contact as far as possible.
5. Unlimited substitutions.
6. Play two halves of 20mins (max).
7. Goalkeeper throws ball back in play from wide ball.
8. Penalty awarded for foul inside semi circle only. Taken from semi circle line centred on goal.