



Alumni to Student Mentoring **Two Options**

Boost your knowledge of the world or of work. Enhance your employability. Build your connections with Trinity Alumni.





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What topics can I discuss with a mentor?

Topics you can explore with

- flash mentors:** explore job roles and sectors, request a CV/LinkedIn profile review, determine if longer-term mentoring is an option
- longer-term mentors:** clarify your aspirations and career direction, understand if job roles/industry sectors could satisfy you, find jobs not advertised, professional communication, develop CV/ LinkedIn profile/ interview strategies

* Trinity Alumni Online (TAO) www.trinity.aluminate.net/ is an online database of Trinity graduates from across disciplines and sectors who are interested in mentoring Trinity students.

** "Tracking My Mentoring Journey" framework is available at the Trinity Careers Service mentoring pages.

What supports can help me with mentoring?

- Trinity Careers Service** is here to support you on your mentoring journey. Find out more about Mentoring (www.tcd.ie/Careers/students/mentoring.php) on our website.

Log on to **MyCareer** (www.tcd.ie/Careers/mycareer/students.php) to attend mentoring events and book a meeting with your Careers Consultant.