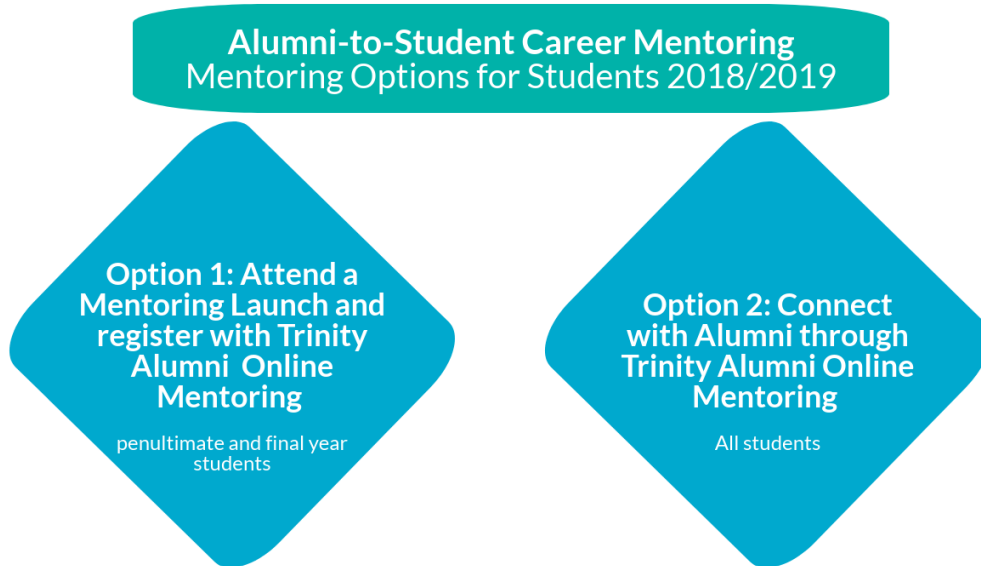




# Alumni-to-Student Career Mentoring

## Mentoring Options for Students 2018/2019

Trinity is here to support you to find a mentor. You can connect with mentors/alumni in two ways outlined below.



### **Option 1: Attend a Mentoring Launch event & register with Trinity Alumni Online Mentoring—*final and penultimate year students***

- Register to attend a Mentoring Launch event organised by industry sector.
- Reflect on what you hope to get from mentoring.
- Attend a half hour Mentee Briefing with the Careers Service prior to the event.
- Attend the Mentoring Launch event organised by industry sector.
- Following the event you will receive an email with details on how to register for mentoring.
- Once registered you can request a mentor via Trinity Alumni Online Mentoring platform.
- When your request is accepted you can arrange to meet your mentor. Aim for three one hour mentoring meetings over the next six months.

### **Option 2: All students can Connect with Alumni through Trinity Alumni Online - *Students of all years***

- Register with Trinity Alumni Online Mentoring.
- Connect with Trinity alumni and ask career related questions.
- If you wish, request a mentor and initiate a mentoring relationship. Aim for three one hour mentoring meetings over the next six months.

### **Making the Most of Mentoring—Your Careers Service is here to help**

Students attend the Mentoring Briefing before each mentoring/ networking event  
Use the mentoring resources at the Careers Service website [www.tcd.ie/Careers](http://www.tcd.ie/Careers)  
Book an appointment with your Careers Consultant at **MyCareer** — [mycareerconnect.tcd.ie](http://mycareerconnect.tcd.ie)