Preparing your study space before an assessment

Make sure you have some water and a snack.

Keep you screen clear from anything not related to the assessment. Make sure to practice how to upload your assessment before the time starts, don’t leave it until the last minute!

In most cases, you will have to balance several exams and assessments. Try having a calendar/list of key dates on a wall near your study space.

Consider making an A4 spider diagram for each main topic you have covered. The diagram should include key points, terms and quotes and should act as a memory aid to get you started!

A blank page for notes/calculations is always useful to have beside you.

Put your phone away! If you need to use it during the assessment, consider installing apps which limit distractions (Offtime, Cold Turkey).

Academic Practice, Trinity College Dublin in partnership with IUA Student Interns, 2021.
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