



IDS-TILDA The Impact of COVID-19



710

participants completed the COVID-19 survey 378 female and 332 male 196
mild ID

276
moderate ID

188

severe-profound ID

133 aged 40-49 years

391 aged 50-64 years

186 aged over 65 years



High rate of reported pre-existing conditions:

- 67% history of overweight/obesity
- 52% history of cardiovascular disease



443

participants tested for COVID-19

11 tested positive



participants with Down Syndrome 69 tested for COVID-19 None tested positive



No reports of COVID-19 mortality





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Of those who had symptoms or tested positive



79% had a plan to self isolate



61% were able to comply with guidelines



reported some positive aspects to the COVID-19 period

Some positive aspects to lockdown:



- Trying new activities (41%)
- Opportunity for more rest (36%)
- Better relations with staff (26%)



reported feeling stress/anxiety during the COVID-19 period



Most common causes of stress/anxiety

- Not being able to do usual activities (79%)
- Not seeing family (47%)
- Not seeing friends (45%)