



# STOP BULLYING WORKSHOP



Friday June 2009  
National Institute of Intellectual  
Disability

Fourth Floor  
3 College Green  
Dublin 2

This is the fourth workshop run by this group of self advocates and is designed specifically for people who have intellectual disability. It encourages participants to recognise and confront bullying behaviour in themselves and others. Participants will learn strategies to deal with bullying behaviours directed towards themselves as well as how to offer support to others.

The workshop is run by the National Anti-Bullying Advocacy Group who are made up of self-advocates (people with intellectual disabilities speaking up and speaking out for their rights), supporters and allies from all over Ireland. The group's experience is that *"people with Intellectual Disabilities working with other people with Intellectual Disabilities gets better results than when 'abled' people do it"*.

The program for the day will consist of large and small group interactions in a comfortable and safe environment. Participants will be encouraged to

- Listen actively
- Engage in program activities
- Think about what they say
- Ask questions

Training tools used to illustrate key points and offer support to the process of the day will include role play, group work, open discussions, and visual aids such as DVD and PowerPoint

Morning and afternoon refreshments as well as a snack lunch are provided. There is a charge of €35 per participant and €25 per support worker to cover costs.

Participant numbers will be limited to approximately 15 (excluding support workers).

Please contact **Stephen Shannon** at NIID to confirm places are still available:

[antibullying.advocacy@gmail.com](mailto:antibullying.advocacy@gmail.com)

Phone: (01) 896-2179

See booking form for payment details.