



# **Stop Bullying Workshop**

## **Monday 14<sup>th</sup> March 2011**

***For people with  
Intellectual Disability***



**9.45am to 3.30pm**

**At the National Institute of Intellectual Disability  
4th Floor, 3 College Green, Dublin 2**

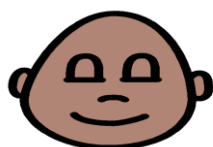
This workshop is run by a group of self-advocates and its allies.  
It is designed specifically for/and **aimed at people who have an intellectual disability and their supporters**

The workshop is run by the National Anti-Bullying Advocacy Group who are made up of self-advocates (people with intellectual disabilities speaking up and speaking out for their rights), supporters and allies from all over Ireland.

The group's experience is that *“people with Intellectual Disabilities working with other people with Intellectual Disabilities get better results than when ‘able bodied’ people do it”*.

**This training day is:**

1. Driven by our members lived-experiences
2. Determined that people be aware and know of Our RIGHT to be SAFE and NOT to be BULLIED



3. Motivated by the reality that people that have an intellectual disability are expert in regard to living their own lives

## Who should attend?

- **Any person** that has an **Intellectual Disability** and has an interest in stopping the cycle of bullying
- **Any staff member** working in the area and has an interest in stopping the cycle of bullying

## During the day people taking part will be encouraged:

1. To recognise and confront bullying behaviour in themselves and others.
2. To learn strategies to deal with bullying behaviours directed towards themselves as well as how to offer support to others

The program for the day will consist of large and small group interacting in a comfortable and safe environment. Participants will be encouraged to;

- Listen actively
- Engage in program activities
- Think about what they say
- Ask questions

Training tools used to illustrate key points and offer support to the process of the day will include role-play, small group work sessions, open discussions, and visual aids such as DVD and PowerPoint.

Morning and afternoon refreshments as well as a sandwiched lunch are provided. Attendees will receive a pack full of the day's proceedings to take home with them.

## **Cost per participant €55**

Participant numbers limited to approximately 14 (excluding support workers)

## **Booking form overleaf**

### **Executive Officer, NIID**

**Contact:** Ailish Kennedy

**Phone:** 01 8963885

**Email:** [akenned@tcd.ie](mailto:akenned@tcd.ie)

**Address:** NIID, 4<sup>th</sup> Floor, 3 College Green,  
Trinity College Dublin, Dublin 2

### **Facilitator, NAAG**

**Contact:** Fiona Weldon

**Phone:** 085 7681180

**Email:** [antibullying.advocacy@gmail.com](mailto:antibullying.advocacy@gmail.com)

**Address:** NIID, 4<sup>th</sup> Floor, 3 College Green,  
Trinity College Dublin, Dublin 2

# Booking Form

## Stop Bullying Workshop for People with Intellectual Disability

Monday 14th March 2011

At National Institute of Intellectual Disability (NIID), 4<sup>th</sup> Floor, 3 College Green, Dublin 2

*(Please note that there is **NO PARKING** at this venue)*

NAME/S		
ORGANISATION		
ADDRESS		
PHONE		
EMAIL		
TOTAL DUE (€55 per participant)	€	
PLEASE SELECT PAYMENT ✓	<input type="checkbox"/>	REQUEST INVOICE
	<input type="checkbox"/>	CHEQUE
	<input type="checkbox"/>	POSTAL ORDER
<b>NOTE: PLEASE MAKE CHEQUE/POSTAL ORDER TO: <u>NIID, TCD</u></b>		
POST TO:	<b>FAO: Ailish Kennedy          NIID, 4<sup>th</sup> Floor,          3 College Green,          Trinity College Dublin, Dublin 2</b>	

Are there any particular reasons why you want to take part in this Workshop?

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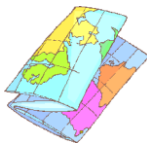
**Monday 14<sup>th</sup> March 2011**



**Starts at 9.30am**



**Finishes at 3.30pm**



**NIID, 4<sup>th</sup> Floor, 3 College Green**

**(Beside Starbucks on Dame Street)**



***Facilitated by***  
**The National Anti Bullying**  
**Advocacy Group**

# *A chance to take part in the successful 'Stop Bullying Training Workshops'*

**By doing this workshop you will learn:**

- What bullying is



- What you can do to stop being bullied
- How to help others you see being bullied
- The importance of making a Complaint