

## **Directions to the Institute of Population Health, Russell Centre, Tallaght Cross.**

### ***Coming by Luas ....***

Take the Red line Luas (destination Tallaght) and get off at the terminus. Walk back in the direction the Luas has come from, with the tracks on your left, until you come to a tall building that crosses over the tracks. This is our building. Turn right here, at the Tallaght Cross pharmacy. The entrance to our building is the second door on the left. There is an outer reception lobby and an inner lift lobby. Take the lift to the 6th or 7th floor, depending on where your contact is located. You should phone your contact when you exit the lift.

### ***Coming by car .....***

From the city centre direction - take the N81 (Tallaght by-pass) until you pass the Square shopping centre on your right. Turn right onto Cookstown Way at the traffic lights with the Tallaght Stadium and the Maldron Hotel on your left. Go straight through the first set of traffic lights. At the second set of traffic lights take a sharp right and drive back towards the Square. Park near the cinema end of the Square car park, and walk to the Luas terminus - the first 2 hours parking are free. From there, follow directions as above.

From Blessington direction - from the N81 turn left at the Maldron Hotel and Stadium traffic lights, onto Cookstown Way. Follow directions as above.

Here is the google maps link:

<https://www.google.ie/maps/place/Block+4A+Tallaght+Cross+West/@53.287372,-6.3775344,17z/data=!3m1!4b1!4m5!3m4!1s0x486774b66539fe5f:0xaae5f204f26eec15!8m2!3d53.287372!4d-6.3753404>