Courses in Cognitive Behavioural Psychotherapy

For further information and useful tips for applying to the courses see: http://www.medicine.tcd.ie/psychiatry/postgraduate/

An information session will take place in the Nurse Education Centre, St. Patrick’s University Hospital, at 1:30pm, on Friday 25th of January 2019.

Closing date for foundation course is 30th June 2019. Applications can be made on the course homepage under the heading Extra-Mural courses. Enquires should be sent to cbtfound@tcd.ie

Application forms for applying to the PG Diploma and the MSc courses may be accessed online at https://www.tcd.ie/courses/postgraduate/faculty/

Closing date for PG Diploma is 30th April 2019. Enquires should be sent to cbtdip@tcd.ie Applicants will be shortlisted for interview and the provisional date for interviewing is 8th June 2018.

Applications for entry to the 2020 MSc course will begin in November 2019. Closing date for completed applications for the MSc course is 31st May 2020. Enquires should be sent to cbtmsc@tcd.ie

In partnership with
St. Patrick’s Mental Health Services and HSE
Foundation course

- Offers a comprehensive introduction to CBT principles for clinicians who want to understand and use CBT principles in their day to day clinical roles.
- Offers a comprehensive grounding in CBT principles for clinicians with an interest in pursuing a CBT clinical qualification and accreditation in the future.
- Extra mural course open to health care professionals.
- Good preparation for PG Dip course if all other eligibility criteria are met.
- Course runs from October 2019 to June 2020.
- Teaching is in full day workshops and takes place in three terms. Each term typically starts with a three day, Wednesday to Friday block of teaching, followed by teaching on two further Thursdays.
- Course may be completed in three separate modules.

Course Director: Dr Brian Fitzmaurice
Course Coordinator: Ms Colette Kearns

Diploma course

- This course develops a student’s understanding of Cognitive Behavioural Psychotherapy and its application to common mental health problems.
- Provides academic and supervisory support for introductory casework using CBT, for those with a mental health profession or accreditation in counselling/psychotherapy.
- Students are expected to treat a minimum of 5 cases over the academic year and will have weekly workshops, Self-Practice/Self Reflection tutorials and CBT supervision.
- Course runs from September 2019 to May 2020.
- Applicants must be employed in a health profession (e.g. nursing, medicine, social work, occupational therapy, etc.) and have relevant clinical experience.
- Nursing and Midwifery Board of Ireland Category II approval until 2020.
- Teaching starts with an introductory week in September and continues every Friday during the academic year.

Course Director: Dr Brian Fitzmaurice
Course Coordinator: Ms Fionnula MacLiam

Masters course

- 2-year course to start September 2020.
- This builds on existing competencies in Cognitive Behavioural Psychotherapy
- One-year placement, workshops, supervision and research dissertation.
- Applicants must be health professionals with a Postgraduate Diploma or equivalent qualification in Cognitive Behavioural Psychotherapy.
- Requirements to submit a case study and recent recording of a therapy session prior to selection interview.
- Teaching starts with an introductory week in September and continues initially with weekly workshops on either Thursdays or Fridays in Year 1 with a decreasing frequency in Year 2 allowing students to focus on their research projects.

Course Director: Dr Craig Chigwedere
Course Coordinators: Ms Colette Kearns and Ms Anne Marie Foley

Our Teaching Faculty and Supervisors are experienced CBT Therapists and regularly include:

Associate Professor Ladislav Timulak, Course Director, Doctorate in Counselling Psychology
Dr Ann O’Grady-Walshe, Former Assoc. Prof in CBT for Psychosis, Consultant Psychiatrist
Mr Gerard Butcher, Adjunct Assistant Professor, CBT Therapist in private practice
Mr Eamonn Butler, Adjunct Assistant Professor, Principal Clinical Psychologist
Dr Sonya Collier, Adjunct Assistant Professor, Principal Clinical Psychologist
Ms Martina Gibbons, Adjunct Assistant Professor, CBT Therapist in private practice
Dr Kate Gillespie, Adjunct Assistant Professor, Director of CT Training Ltd.
Mr Odhran McCarthy, Adjunct Assistant Professor, Principal Clinical Psychologist
Ms Debbie Van Tonder, Adjunct Assistant Professor, Clinical Nurse Manager
Dr Aideen Moran, Consultant Psychiatrist
Ms Caoimhe Black, CBT Therapist and Senior Social Worker
Ms Sinead Boland, Clinical Nurse Specialist
Ms Neasa Guiney, Addiction Therapist
Ms Shauna Collins, CAMHS CBT Therapist
Mr Pat Hill, CBT Therapist
Ms Siobhán Lydon, CBT Therapist and Occupational Therapist
Dr Michael McDonough, Consultant Psychiatrist
Ms Nuala Miles, Clinical Nurse Specialist
Mr Éamonn O’Dochartaigh, CBT Therapist, NUIG Student Counselling Service
Ms Yvonne Tone, CBT Therapist, TCD Student Counselling Service
Mr Simon Wale, Senior Clinical Psychologist
Ms Eileen Maher, CBT Therapist
Mr John McNamara, Clinical Nurse Specialist
Ms Evelyn Mullers, CBT Therapist
Ms Catriona Larkin, CBT Therapist

Our courses regularly incorporate workshops led by international experts in Cognitive Behavioural Psychotherapy and will continue to do so in the forthcoming academic year.