For further information on the courses see: http://www.medicine.tcd.ie/psychiatry/postgraduate/

An information session will take place in the Patient Lecture Theatre, St. Patrick’s University Hospital, 1pm, 26th of January.

Closing date for foundation course is 30th June 2018. Application forms are available on the course homepage. Enquires should be sent to cbtfound@tcd.ie

Closing date for PG Diploma is 30th April 2018. Application form is available online at http://www.tcd.ie/courses/postgraduate/. Enquires should be sent to cbtdip@tcd.ie

Applicants will be shortlisted for interview and the provisional date for interviewing is 1st June 2018.

Closing date for the MSc course is 31st May 2018. Application available online at http://www.tcd.ie/courses/postgraduate/. Enquires should be sent to cbtmsc@tcd.ie

Applicants will be shortlisted for interview and the provisional date for interviewing is 22nd June 2018.

Aaron T Beck
Pioneer of Cognitive Therapy

St. Patrick’s University Hospital

In partnership with
St. Patrick’s Mental Health Services and HSE
## Foundation course
- Offers a comprehensive introduction to CBT principles for clinicians who want to understand and use CBT principles in their day to day clinical roles.
- Offers a comprehensive grounding in CBT principles for clinicians with an interest in pursuing a CBT clinical qualification and accreditation in the future.
- Extra mural course open to health care professionals.
- Good preparation for PG Dip course if all other eligibility criteria are met.
- Course runs from October 2018 to June 2019.
- Teaching is in full day workshops and takes place in three terms. Each starts with a three day, Wednesday to Friday block, followed by teaching on alternate Thursdays.

**Course Director:** Dr Brian Fitzmaurice - Clinical Senior Lecturer  
**Course Coordinator:** Ms Colette Kearns - Adjunct Assistant Professor

## Diploma course
- This course develops a student’s understanding of Cognitive Behavioural Psychotherapy and its application to common mental health problems.
- Provides academic and supervisory support for introductory casework using CBT, for those with a mental health profession or accreditation in counselling/psychotherapy.
- Students are expected to treat a minimum of 5 cases over 3 academic terms and will have weekly workshops, Self-Practice/Self Reflection tutorials and CBT supervision.
- Course runs from September 2018 to May 2019.
- Applicants must be employed in a health profession (e.g. nursing, medicine, social work, occupational therapy, etc.) and have relevant clinical experience.
- Nursing and Midwifery Board of Ireland Category II approval until 2020.
- Teaching starts with an introductory week in September and continues every Friday during academic terms.

**Course Director:** Dr Brian Fitzmaurice - Clinical Senior Lecturer  
**Course Coordinator:** Ms Fionnula MacLiam - Adjunct Assistant Professor

## Masters course
- 2 year course to start September 2018.
- This builds on existing competencies in Cognitive Behavioural Psychotherapy – One year placement, workshops, supervision and research dissertation.
- Applicants must be health professionals with a Postgraduate Diploma or equivalent qualification in Cognitive Behavioural Psychotherapy.
- Requirements to submit a case study and recent recording of a therapy session prior to selection interview.
- Nursing and Midwifery Board of Ireland Category II approval until 2021.
- Teaching starts with an introductory week in September and continues initially with weekly workshops on either Thursdays or Fridays in Year 1 with a decreasing frequency in Year 2 allowing students to focus on their research projects.

**Course Director:** Dr Craig Chigwedere  
**Course Coordinators:** Ms Colette Kearns and Ms Anne Marie Foley

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**Our Teaching Faculty and Supervisors are experienced CBT therapists and regularly include:**

- **Associate Professor Ladislav Timulak,** Course Director for Doctorate in Counselling Psychology, TCD  
- Dr Ann O’Grady-Walshe, Former Assoc. Prof in CBT for Psychosis, Consultant Psychiatrist  
- Mr Gerard Butler, Adjunct Assistant Professor, CBT therapist in private practice  
- Mr Emmann Butler, Adjunct Assistant Professor, Senior Clinical Psychologist  
- Dr Sonya Collier, Adjunct Assistant Professor, Principal Clinical Psychologist  
- Ms Vanessa Dowling, Adjunct Assistant Professor, Clinical Coordinator  
- Ms Martina Gibbons, Adjunct Assistant Professor, CBT therapist in private practice  
- Dr Kate Gillespie, Adjunct Assistant Professor, Director of CT Training Ltd.  
- Ms Neasa Guiney, Adjunct Assistant Professor, Addiction Therapist  
- Mr Odhran McCarthy, Adjunct Assistant Professor, Senior Clinical Psychologist  
- Ms Debbie Van Tonder, Adjunct Assistant Professor, Clinical Nurse Manager  
- Ms Caomhie Black, CBT Therapist and Senior Social Worker  
- Ms Sinead Boland, Clinical Nurse Specialist  
- Ms Shauna Collins, CAMHS CBT Therapist  
- Ms Nikki Cross, CBT Therapist in private practice  
- Dr Deirdre Dunne, Principal Clinical Psychologist  
- Dr Deirdre Garvey-Cosgrove, Consultant Psychiatrist  
- Mr Pat Hill, CBT Therapist  
- Ms Siobhán Lydon, Occupational Therapist  
- Dr Michael McDonough, Consultant Psychiatrist  
- Ms Nuala Miles, Clinical Nurse Specialist  
- Ms Judy Moran, Clinical Nurse Specialist  
- Mr Ósmn O’Dochartaigh, CBT therapist in Student Counselling, NUIG  
- Ms Lucy Roberts, Clinical Nurse Specialist in CBT  
- Ms Yvonne Tone, CBT therapist in Student Counselling, TCD  
- Mr Simon Wale, Senior Clinical Psychologist

Our courses regularly incorporate workshops led by international experts in Cognitive Behavioural Psychotherapy and will continue to do so in the forthcoming academic year.