**Pre-Placement Information 2016 -2017**

### Enable Ireland, Sandymount

<table>
<thead>
<tr>
<th>Address</th>
<th>Sandymount Ave Dublin 4.</th>
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</thead>
<tbody>
<tr>
<td>Contact Person</td>
<td>Rajan Tharian</td>
</tr>
<tr>
<td>Where to Check In</td>
<td>Main Reception.</td>
</tr>
<tr>
<td>Preferred Contact Method</td>
<td></td>
</tr>
<tr>
<td>Phone</td>
<td>01 2615900 Ext 350</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:rtharian@enableireland.ie">rtharian@enableireland.ie</a></td>
</tr>
<tr>
<td>How to Get Here</td>
<td></td>
</tr>
<tr>
<td>Car</td>
<td></td>
</tr>
<tr>
<td>Bus</td>
<td>1,18</td>
</tr>
<tr>
<td>Luas/Dart</td>
<td>Sandymount, then turn left out of Dart station and Enable Ireland is 500m on your left.</td>
</tr>
<tr>
<td>Working Hours</td>
<td>09.00 – 17.00</td>
</tr>
<tr>
<td>Breaks</td>
<td>11.00 - 11.15 (tea) 13.30 – 14.00 (lunch)</td>
</tr>
<tr>
<td>Uniform Policy</td>
<td>Smart casual attire</td>
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<tr>
<td>Accommodation</td>
<td>NA</td>
</tr>
<tr>
<td>Garda Vetting Procedures</td>
<td>From 2016, the vetting result will be provided directly to all new physiotherapy students from the Academic Registry Office. Any student on placement in Enable Ireland must take responsibility for the handling and forwarding of this original document to the above named contact person.</td>
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### Student Facilities

<table>
<thead>
<tr>
<th>Access to Staff Room</th>
<th>Yes</th>
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<tbody>
<tr>
<td>Canteen</td>
<td>Tea/coffee available No meals provided</td>
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<tr>
<td>Changing Facilities</td>
<td>Yes</td>
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<tr>
<td>Car/Bicycle Parking</td>
<td>Yes</td>
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<tr>
<td>Library</td>
<td>Yes</td>
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<tr>
<td>Study Areas</td>
<td>Yes</td>
</tr>
<tr>
<td>Internet</td>
<td>Yes</td>
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<tr>
<td>On-site Reading Resources</td>
<td>Yes</td>
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Clinical Information

It is suggested that students familiarise themselves with the following pathologies, assessment procedures and treatment options prior to the beginning of placement.

Students are expected to utilise the physiotherapy facilities available in preparation for all placements.

<table>
<thead>
<tr>
<th>Specialty Area</th>
<th>Paediatric Neurology</th>
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<tbody>
<tr>
<td>Enable Ireland Sandymount has 5 specific caseloads:</td>
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<tr>
<td><strong>Early services</strong>: New referrals to the organisation. Children aged between 0-5 years old. Early services have their own MDT treatment rooms. Children and their family attend on appointment basis.</td>
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<tr>
<td><strong>Preschool</strong>: There is an integrated preschool on site with 2 classes each with service users and local children. Physiotherapy is carried out within the preschool as well as in physiotherapy rooms</td>
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<tr>
<td><strong>School</strong>: Primary and secondary school for our service users. Each class usually has their own MDT team, incl physiotherapy, OT, SLT, SW and Psy. The children attend school have more complex physical needs.</td>
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<tr>
<td><strong>School Outreach Team</strong>: attended by children 5 – 18 years who go to mainstream school. Large caseload. These children prefers to attend on afternoons mainly on outpatient basis and school visits as required.</td>
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<tr>
<td><strong>CoSMO</strong>: specialised clinical area for children with coordination and sensory motor difficulties (such as DCD, dyspraxia, sensory integration difficulties). No physiotherapy input for this caseload due to funding shortage. Run by OT and psychology. This team is going to merge with School outreach team and then the new team will be called School Aged Team (SAT)</td>
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</table>

**Caseload**

Students will be able to have their own small caseload throughout the placement and the student will generally see these children on a once weekly basis. Students will be able to sit in with other physiotherapy sessions as well as have the opportunity to sit in with other disciplines and see specialised areas such as seating and postural management, Tone management clinics (Orthopaedics/Botox clinics). On a normal day, we aim for the student to have some of their own 'hands on’ appointments as well as observation time / study time.

Therapeutic Horse Riding and orthotic clinics takes place on Mondays. Regular in-services are carried out on Tuesdays and the student
may be expected to present a case study or relevant topic to department colleagues.

Hydrotherapy (please have appropriate swimwear and own towel, pool shoes (flip flops) as the opportunity may arise to observe and partake in some session.

**CONDITIONS/PATHOLOGY COMMONLY ENCOUNTERED**

- Cerebral palsy
- Spina Bifida
- Hydrocephalus
- Muscular Dystrophy
- Arthrogryphosis
- Developmental Delay
- Chromosomal anomalies
- Read up on dysport (Botulinum Toxin) assessment, how it works etc. (There are leaflets in staff room.)
- Intrathecal baclofen
- Post SDR care (Selective Dorsal Rizhotmy)

<table>
<thead>
<tr>
<th>Assessment Procedures Used</th>
<th>Gross Motor Function Classification System (GMFCS) - <a href="http://www.canchild.ca">www.canchild.ca</a></th>
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<tbody>
<tr>
<td></td>
<td>Gross Motor Function Measure (GMFM) - <a href="http://www.canchild.ca">www.canchild.ca</a></td>
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<td></td>
<td>Motor Activity assessment – 24 hours postural management including wheeled mobility (seating) Seating Assessment</td>
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<thead>
<tr>
<th>Treatment Options</th>
<th>24 hour postural management – equipment (wheel chair, stander, sleep systems)</th>
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<tr>
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<td>Mobility aids – walker/sticks</td>
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<td>Orthotic clinics</td>
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<td>Neurodevelopmental Assessment/techniques (Bobath)</td>
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<td>Hydrotherapy</td>
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<td></td>
<td>Play therapy</td>
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<td>Pre- Botox injection assessment</td>
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<td>Serial casting</td>
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<td>Riding for disabled (horse riding)</td>
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<td>Home exercise programmes</td>
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</table>

| MDT Opportunities | Can attend team meetings, MDT group therapy sessions                           |

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<thead>
<tr>
<th>Useful References (3 max)</th>
<th>Elements of Paediatric Physiotherapy, Eckersley P. Churchill Livingstone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Facilitation Techniques based on Neuro-developmental Principles, Bly L and</td>
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<tr>
<td></td>
<td>Handling the Young Child with CP at home, Finnie N, Butterworth Heinmann</td>
</tr>
<tr>
<td></td>
<td>Human Movement, An Introductory Text, Trew and Everett, Churchill Livingstone</td>
</tr>
<tr>
<td></td>
<td>Motor Skills Acquisition in the First Year, Bly L, Therapy Skills Builders</td>
</tr>
<tr>
<td></td>
<td>Children's Developmental Progress from birth to 5 years, Sheridan M,</td>
</tr>
</tbody>
</table>
| Useful Additional Information | - CP – Books on website, general introduction is all that is necessary i.e. pathophysiology, clinical presentation, prognosis etc.  
- Family centred service delivery - What does this mean, how does this compare with medical and social models of service delivery;  
- Canchild’s website (McMaster University) is a good source of information  
- Also, check the Enable Ireland website [www.enableireland.ie](http://www.enableireland.ie) for information about the organisation. |