CINAHL Worksheet - Nursing

1. Sample Exercise:
   a. Find articles on Alzheimers

2. Sample Exercise:
   a. Find articles on Obesity AND children

3. Sample Exercise:
   a. Find articles on play therapy AND children

4. Sample Exercise
   a. If your essay question is: Does smoking have an effect on the development of lung cancer? What are the Subject Terms you would use to search in CINAHL?
   b. Narrow your results so they only relate to Ireland.

5. Sample Exercise
   a. Find articles for an essay on depression in adolescents
   b. Narrow your results down to the last 5 years

What to do if you can’t find the exact words in CINAHL:

1. Search for all the terms you can find in the Subject Terms first.
2. For terms which you can’t find a Subject Term for go to the basic search screen and un-tick the “Suggest Subject Terms” box:

3. If you are searching for something like nurses experiences of hand washing you need to find a way to capture the experiences part of the question. This will not be a Subject Term.
4. Sit down and think of all the synonyms or various ways to describe an experience and combine them together using OR e.g. experience OR experiences OR feel OR feelings OR views OR view
5. Copy and paste this search stream into the search box (ensuring the Subject Terms box is unticked) and click search
6. Combine all of your different concepts together using AND

Search 1=(Combine similar concepts with OR) **AND** Search 2=(Combine similar concepts with OR) = RESULTS
i.e.
Search 1= (nurse OR nurses OR nursing OR nursed) AND (prescription OR prescribe OR prescribes OR prescribed) = RESULTS article on nurses AND prescriptions