Trinity Returners Network

Building Your Future

Trinity Returners Equality Fund Initiative

Liz Cleves

Building Your Future
Returners are men and women (disproportionately women) who have taken either a planned or unplanned career break for more than 2 years.

Family Care / Redundancy / Health reasons

Most face acute challenges when trying to return to work & are an untapped talent pool.
Objectives of the event:

- The Journey of Returning To Work
- Introduce Returnships
- Career Decision Process
- Identify challenges, set goals, plan next steps
“Returning to work after a long career break.”

Julianne Miles

Director: Women Returners UK

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Discussion
"What challenges have you faced as a Returner to the workplace?"

Building towards your future
What did we learn from the event?

Returners at Trinity / in Dublin are:

- Mixture of men and women, (predominantly women)
- Aged from mid thirties to over fifties (Most were 40+)
- All were experiencing or had experienced challenges in returning to work due to employer bias
Trinity Returners Network

What did participants gain from the event?
- Trinity staff, students and alumni were invited to learn about Returners initiatives which are successful in UK & USA
- A platform to discuss Returner experiences in Ireland
- Returners felt validated / met others with shared experiences
- All participants said they’d like to see the Returnship model in Ireland
- Career Decision Making process, Juliannes’s talk and goal setting helped participants move forward

Building Your Future
If you are seeking inspiration after taking a career break for family or other reasons,

Join Trinity’s Returners network.

2-4.30pm | Innovation Academy