

La Leche League of Ireland – groups in Dublin area

Telephone support is also provided in addition to group meetings and coffee mornings

Trinity Group

Elizabeth: 086 3192992

Coffee Mornings

When: 1st and 3rd Wednesday of every month

Where: “The Vaults” in The Buttery Café, TCD

Facebook: <https://www.facebook.com/groups/LaLecheLeagueTrinity/>

Email: lalecheleaguetrinity@gmail.com

Portobello Group

Deirdre: 01 494 7316, Christina: 01 492 7890

Our Meetings

When: 1st Wednesday of every month @ 8:00pm

Where: Christ Church Hall, Rathgar, Dublin 6

Coffee Mornings

When: Usually 3rd Wednesday of every month (depending on leaders' schedule)

Where: Starbucks, Rathmines. In July and August we have a picnic instead.

Deirdre: 046-9487804

<https://www.facebook.com/search/top/?q=la%20leche%20league%20portobello%20group>

Blanchardstown/Castleknock Group

Deirdre: 046-9487804

Mother-to-Mother Meetings

When: 2nd Friday of every month at 10.30am. Babies and toddlers are of course very welcome.

Where: Public Library, opp Cinema Entrance, Blanchardstown Shopping Centre, D15 (follow signs to room).

Breastfeeding Beyond Infancy meetings

Share the joys and challenges as breastfeeding continues into the second year.

When: 1st Saturday of most months at 11am.

Where: Mothers' homes – text 0861249964* for details.

<https://www.facebook.com/LLLBlanchardstownCastleknock/>

Celbridge/Lucan Group

Paula: 01 627 2669

Our Meetings

When: 2nd Monday of every month @ 8.30pm. **Where:** Changes monthly

Raheny/Ballsbridge Group

Kryisia: 087 754 3751, Aislinn: 086 124 9914, Sarah: 087 123 4361 (reserve leader)

Our Meetings

When: 2nd Tuesday of every month @ 10.15am or @ 8pm

Where : Various locations in Dublin accessible by DART or LUAS

Coffee Mornings / Evenings

When: 4th Tuesday of every month @ 10.15am or @ 8pm

Where: Various locations accessible by DART or LUAS

For meeting updates by text please send name and msg. "LLL meeting reminder please" to 086 124 9914

<https://www.facebook.com/LaLecheLeagueDublinEastBallsbridgeRahenyGroup/?fref=ts>

Dodder Valley Group

Mary: 01 494 1279, **Máire:** 01 494 4429, **Geraldine:** 01 298 0173

Our Meetings

When: 2nd Wednesday of every month @ 8.00 p.m.

When: 1st Friday of every month @ 10.30 a.m.

Coffee Mornings

When: 4th Wednesdays of every month @ 10.30 a.m.

Where: Mother's homes – please ring for directions

<https://www.facebook.com/search/top/?q=la%20leche%20league%20dodder%20valley>