Aims and Content

- Teachers will participate in creative and experiential workshops to explore Music, Drama, the Visual Arts and Movement (Yoga). The course focuses on children’s well-being and considers how it can be enhanced through the Arts and Physical Education (Yoga). Mindfulness and Relaxation in a Yoga practice will also be explored in the workshops.

Areas of specific focus include:

- Enhance teachers understanding of the Arts, Movement and Mindfulness and provide examples of how they can be explored through the Áistear Framework and the Primary School Curriculum under the curriculum areas of Visual Arts, Music, Drama and Physical Education.
- To explore how ‘well-being’ can be enhanced for both children and teachers, through an Artistic and Mindfull approach.
- To enhance the teachers pedagogical decision making, lesson planning and practice in the Arts and Physical Education by providing experiential and practical workshops.
- To provide opportunities for teachers to reflect on their own practice and to prepare for implementing course content in their own classroom in the area of the Arts and Physical Education.
- To explore artistic and physical approaches to literacy, numeracy and ICT.

Book Now

Dates: July 3rd-7th 2017

Facilitator: Jackie Maguire and AnnMarie O’Connell

Booking fee: €90

To book a place on any of our Summer Courses please call 01 8576400 with credit card details. Please note that Teaching Council Number must be quoted when making a booking.