Your Degree What Next: *Intellectual Disability Nursing*

**What can I do with my degree?**

As a graduate of Intellectual Disability Nursing from Trinity, you have placed yourself in an excellent position for employment with the HSE, Nursing agencies, Residential Care Providers and private clients in the area of Health & Social Care. At present the jobs market is plentiful for people with your qualification, so take your time to weigh up the different opportunities and what each of them might bring to your career. Some graduates look further afield and pursue opportunities with the NHS in England and countries like Australia and Canada are also popular. Furthermore, many graduates are drawn to the humanitarian and global development sectors, working with charities, development organisations and/or aid organisations. Some graduates decide to pursue a different route, such as medicine, one of the allied health sciences like Occupational Therapy or the world of business. Many gain their initial post graduate experience in the I.D. nursing environment and then decide their next step. Whether you decide to work towards a community nursing role, a management role, a specialised role or whether you decide to work more in the health management and policy development side of things, there are many opportunities and further studies to be explored.

<table>
<thead>
<tr>
<th>Roles</th>
<th>Employers</th>
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</thead>
<tbody>
<tr>
<td>Intellectual Disability Nurse</td>
<td>HSE</td>
</tr>
<tr>
<td>Voluntary Worker</td>
<td>St. John of Gods, Brothers of Charity,</td>
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<tr>
<td>Doctor</td>
<td>World Health Organisation, Concern</td>
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<tr>
<td>Speech &amp; Language Therapist</td>
<td>Cheeverstown Association</td>
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<tr>
<td>General Nurse</td>
<td>Peter McVerry Trust</td>
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<tr>
<td>Project Worker</td>
<td>Walkinstown Association (WALK)</td>
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While these are the types of careers graduates of your course typically enter, many graduate roles are open to graduates of all disciplines, so your options are much broader than those related strictly to your course. If you’re not sure what you’d like to do, check out the career planning resources on the Careers Service website and book an appointment with your careers consultant.

**Useful Resources**

The organisations and professional bodies listed below are useful resources for career / sector specific information:

- **Professional Bodies and Useful Sites**
  - Nursing Board
  - Nua Healthcare
  - Inclusion Ireland
  - www.activelink.ie

- **Resources**
  - www.publicjobs.ie
  - Cheeverstown
  - National Disability Authority
  - www.goabroad.com
  - www.volunteer.ie
Alongside the obvious clinical skills you have developed, you gain a wide range of other skills and attributes while at College, through academic study, clubs and societies, voluntary work, student politics, work and other commitments. These are important to recognize as they inform your career decisions and are a critical ingredient in your applications for postgraduate study and jobs. Here are some skills you can gain:

1. **Critical Thinking** - Learning to work on your own and to make independent judgments. You have to discover the information that you need to analyse complex questions and develop your ideas about them and to present your arguments clearly and persuasively.

2. **Teamwork** - Learning to work as part of a team is an important skill; sharing the workload, agreeing roles and working as a team to develop ideas and present a coherent group argument.

3. **Independent Research** - You will have learnt how to use the library and other complex information resources and coordinate information from a wide variety of sources.

4. **Logical argumentation** - You will know how to bring together facts and arguments in order to answer a specific question or analyse a problem.

5. **Time and project management** - By working on assignments and studying for exams you will have developed the ability to revise and consolidate your work and know how to extract the essential points from a mass of information. You will also have learned how to manage your own time and to work under pressure of deadlines.

6. **Verbal communication** - You will know how to present your ideas orally and to contribute constructively to discussions.

7. **Written communication** - You will have had the opportunity to present your ideas in writing accurately and concisely, using convincing arguments which are based on solid evidence; responding flexibly to different types of questions and expressing your thoughts concisely; carrying out in-depth research on a specialised topic and develop the sustained writing skills needed.

8. **Digital Skills** - You will have the opportunity of developing your computer skills both from typing up your own essays and papers and from undertaking searches on the web & using databases.

9. **Personal Development** - You are managing the learning required for a degree and recognising the gaps in your understanding and ensuring that these are addressed in ways that best suit your learning style.

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**How can the Careers Service help me?**

The Careers Service supports students in exploring their career options and connects students with employers. You can book an appointment with your careers consultant to help you deciding your next step in your career.

Login to MyCareer at www.tcd.ie/careers and book your appointment today.